





CrossFit

FORGING ELITE FITNESS



LEVEL I
TRAINER
(CF-L1)

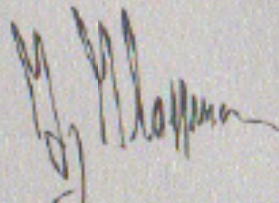
THIS LEVEL I TRAINER CERTIFICATE IS AWARDED TO



DECEMBER
1ST
2015

DANIEL WARD-SMITH

WHO HAS FULFILLED THE REQUIREMENTS AND COMPLETED
THE PRESCRIBED COURSE OF STUDY OF
CROSSFIT'S FOUNDATIONAL MOVEMENTS AND METHODOLOGY.
THIS CERTIFICATE GRANTS THE DISTINCTION OF CROSSFIT LEVEL I TRAINER (CF-L1)



Greg Glassman, CEO
CrossFit, Inc.



VALID FOR FIVE YEARS
FROM DATE OF ISSUE

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